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BEACON LIGHT



Volume XVI Number 5

SAINT CLOUD HOSPITAL

January, 1965

DO YOU KNOW YOUR
REPRESENTATIVES?

See page 3.



D. Moen



Mrs. E. Raiche



Miss M. Debert



T. Nahan



Mrs. S. Hadrich



E. Hilsgen



T. Hyslop



Mrs. E. Young



Miss M. Theisen



A. Hoffarth



H. Bechtold

FROM OUR CHAPLAIN.....



In dealing with people Christ always respected the dignity and individuality of the human person. Even though He was God and knew the inner workings of the human mind and soul, He left the human person intact. He accepted Peter as he was, with his great love, his leadership qualities and his impetuosity. Christ didn't expect Peter to conform to the type of person that John was. Even doubting Thomas found acceptance with Christ. In short, Christ didn't peg people. He didn't fit them into a mold. He harmonized grace and nature into a beautiful and meaningful pattern.

There is a danger in any institution that we neglect the dignity of the human person. We fit people into molds. They become a number on the payroll, a patient in such a room or a nurse on such a floor. A person has certain rights as a human being. These rights remain the same irrespective of the importance of one's position. A person has the right to his own personality. Not that he is to be unique in every way, but there are certain personality traits that are unique to him, that he must work on and develop, and that he must use to be effective. In short, a person has the right to be himself.

A person needs the opportunities to use his personality, to give of himself. He does this in the circle of his own family in a very unique way. But he must also do it on his job, his vocation in life. A man cannot be de-personalized and remain sane and normal. If you destroy the dignity of the human person, you crush the human spirit.

Grace builds on nature. Nature is perfected, not destroyed, by grace. So also the human person is perfected, not destroyed, by grace. Christ fully realized this in dealing with man because He is the perfect union of grace and nature.

Fr. Piekarski

FROM OUR ADMINISTRATOR



As members of the hospital personnel staff concerned with the day to day activities of patient care, it is easy for us to think only in terms of providing the finest in service to the patient. We often hear it said that where a life is involved, cost should not be a determining factor -- everything should be done to save that life.

This is certainly a proper and commendable attitude, but it should not be interpreted to mean that we should be unconscious of costs of providing care to patients. On the contrary, we should use every means at our command to eliminate every minute of wasted time and every instance of wasted supplies or equipment. If we do not keep this constantly in mind, we are not fully carrying out our serious obligation to patients to provide the highest quality of care at the lowest possible cost.

To fully protect the interests of our patients, we must render the highest standard of care we are capable of, while at the same time providing it in the most economical way possible.

Sister James O.S.B.

WHO ARE THE PEOPLE ON THE FRONT COVER ?

They are all employees of St. Cloud Hospital -- employees selected by their co-workers to represent them on the Personnel Advisory Committee. Elections for the 1965 members were held early in January.

The newly elected Chairman, representing the clerical group, is ARTHUR HOFFARTH. Art has spent most of his life in St. Cloud and has been an employee at our hospital for the past nine years. His interests, besides our storeroom, include woodcraft, square dancing and all kinds of sports. He is married and has four children. *** The new Secretary of the committee is MRS. ETHEL YOUNG, friendly Ward Clerk on 4 North, Orthopedics. Mrs. Young has been an employee here for three years. Besides being an active wife and mother of four children, she is a member of the League of Women Voters, PTA and her bridge club, and she also enjoys gardening. *** THOMAS HYSLOP is familiar to many of us as the orderly for the general house on the evening shift. He is well known to others as a professional drummer in the Bobby Robert's Dance Band. He lives in Sauk Rapids with his wife and two children. *** Representing the para-medical groups is THOMAS NAHAN, an X-Ray Technician employed here since his graduation from our school a year and a half ago. Besides his work here, Tom is still holding the part-time job of his student days, that of gas station attendant. His interest in sports is evident by his membership in the hospital bowling team. *** MISS MERWINA THEISEN, representing housekeeping, has been employed in the Chaplains' Department for thirteen and a half years -- holding the longest record of any committee member. Merwina is an Oblate of St. Benedict, and in her spare time she enjoys such quiet activities as reading and embroidery. *** Another long-term employee is EMIL HILSGEN, engineer, who represents maintenance. He has been employed at St. Cloud Hospital for nine years. Mr. Hilsgen enjoys mechanical work of all kinds and spends much of his off-duty time working around his home. He also enjoys hunting and fishing. He lives in west St. Cloud with his family of seven. *** Representing the professional nurses is MISS MARY DEBERT, O.R. staff nurse. Miss Debert is a native of Canada, but spent several years in nursing in California, Washington and Utah before coming here in 1961. She enjoys travelling, photography and mosaics, and, whether on or off duty, she always enjoys a good sense of humor. *** Representing the professional nurses on the evening and night shift is MRS. EVELYN RAICHE, staff nurse on 2 South. Mrs. Raiche is a graduate of our School of Nursing and has been on the evening shift for eight years. She is married and has five children. Among her household duties she especially enjoys baking and embroidery. *** HERBERT BECHTOLD, laundry representative, has an interesting and different off-duty job -- that of making carmeled corn at the Carmel Crisp Shop in East St. Cloud. Herb lives in St. Joseph with his wife and three sons. He is the only member of the committee who also served last year, so he is considered somewhat a veteran! *** The L.P.N.'s chose as their representative MRS. SHARON HADRICH, of 4 South. She enjoys all types of outdoor recreation -- but probably finds it most fascinating just getting to know people. Within the last three months she has taken on the additional responsibility of becoming a Mrs. and establishing a home. *** The representative from Dietary is DONALD MOEN. We are all familiar with the results of Don's on-duty products -- the tasty, varied bakery goods available to all each day. He has been our baker since October, 1963, when he and his family of four came to St. Cloud. He enjoys baking and decorating while here at work, and also enjoys it at home on his off-duty hours.

Employees, these are your representatives on a committee which is of mutual value to you and the hospital. Make it your responsibility to get to know them, if you don't, and through them to help make 1965 a year of real progress.

IN MEMORY OF DR. RICHARD F. KLINE

Richard F. Kline, M.D., was born in Grand Rapids, Minnesota, on December 6, 1924, and attended grade and high school there. He attended the University of Minnesota for his pre-medical studies and was graduated from the University School of Medicine in 1947. He served his internship at St. Luke's Hospital in Duluth, Minnesota. Following a tour of duty with the Armed Forces during the Korean Conflict, and several years in general practice of medicine in Montgomery, Minnesota, and Wayzata, Minnesota, Dr. Kline returned to the University of Minnesota to spend nearly four years in the Graduate School of the University's Medical School in the study of Internal Medicine.

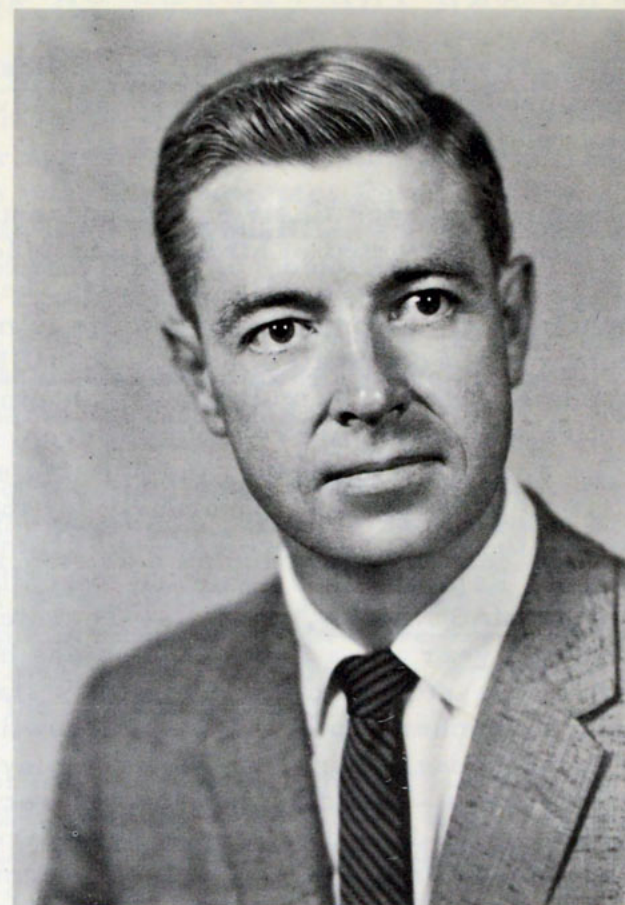
Dr. Kline lived in St. Cloud and practiced his specialty of Internal Medicine since 1958. His academic excellence is attested to by his being a Diplomate of the American Board of Internal Medicine, a member of the American College of Physicians, the American Society of Internal Medicine, the American Medical Association, the Minnesota State Medical Association and the Stearns-Benton County Medical Society. He was a past president of our County Medical Society. Interested and active in medical staff activities, he served on the Public Relations Committee of the hospital, was Chairman of the Infections Committee, served as Chief of Medicine for three consecutive years, and was a member of the Disaster Committee and of the Radio-scope Committee.

Dr. Kline had obvious academic and technical excellence, but the great depth of his medical knowledge and skill was best known to those of us who were privileged to work closely with him, either as his patients or medical colleagues. His untimely death on December 24, 1964, at the age of forty, leaves a vacancy in our medical community that will be difficult to fill.

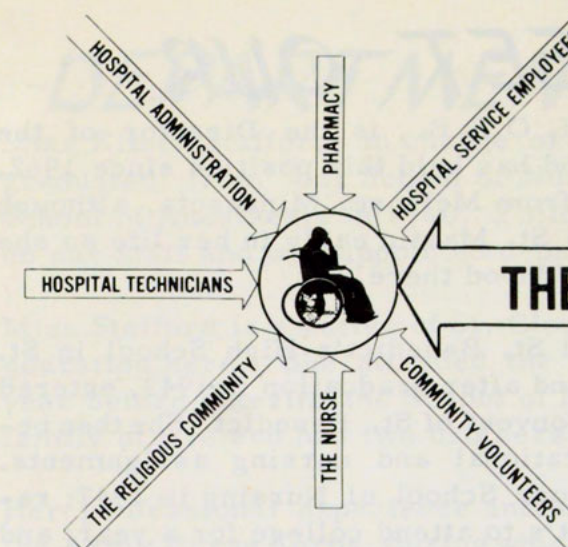
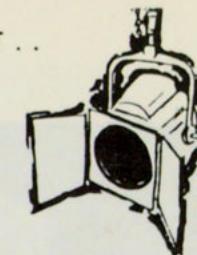
In addition to his medical responsibilities, Dr. Kline was a devoted father, a devout Christian and an all-around "grand guy." He was a member of the First Methodist Church of St. Cloud, and was a member of Sertoma Club, Elks Club, and the Country Club.

My sincere sympathy is extended to Mrs. Kline and the Kline children, Barbara, age 12, Elizabeth, age 10, Janet, age 7, and Bruce, age 5. I think that I can appreciate, at least in part, the great magnitude of loss that Dr. Kline's family feels. His death caused the loss of the finest Internist and the most compassionate man I have ever known. I mourn his loss and I grieve that God willed our partnership to be such a short one.

-- James H. Kelly, M.D.



IN THE SPOTLIGHT . . .



THE MEDICAL DOCTOR

"... INTO WHATSOEVER HOUSE
I SHALL ENTER I WILL GO FOR
THE BENEFIT OF THE SICK. . ."

The relationship of the medical doctor to the hospital is a truly unique arrangement. The doctor is a private practitioner of medicine. He voluntarily chooses to do much of his work in a private institution — the hospital. Out of this voluntary and cooperative partnership, operating in a free society, has emerged the highest standards of medicine and health care in the history of the world.

And yet, less than 400 years ago, the practice of medicine was a combination of guesswork, crude instruments and medications, and sometimes even a little witchcraft. To this day, for example, the familiar barber pole stands as a symbolic reminder that the practice of surgery was once a sideline occupation of barbers. (The white bands in the barber's pole represent bandages, the red stripes represent blood.)

But today the medical doctor is a man of science. He has God-given powers of healing that are diminishing human pain and suffering and lengthening life. He is waging a continuing fight against such remaining mankillers as cancer and heart disease.

Without our medical staff, our hospital could not serve its assigned role in the community. To our doctors, patient care is the number one concern. A medical doctor determines who is admitted to the hospital; he specifies what the patient gets in the way of tests and treatments, medication, special diets, surgery, etc. It is the medical doctor who determines

when a patient can be discharged.

The work of the medical doctor is guided by a 23-century-old written code which is one of mankind's noblest documents. This code was written by Hippocrates, a Greek who became known as the father of modern medicine.

Many people have heard of the Hippocratic oath. But few outside the medical profession have actually read the words which for centuries have inspired and motivated the medical doctor. The oath reads, in part:

"I swear . . . so far as power and discernment shall be mine, I will carry out regimen for the benefit of the sick and will keep them from harm and wrong. To none will I give a deadly drug even if solicited . . . Into whatsoever house I shall enter I will go for the benefit of the sick."

The medical doctor who lives by this code occupies a singular place in today's society. In terms of status, economic rewards, and respect in the community, he has few peers. But he abundantly earns this special recognition.

Through the long years of medical school and internship he labored to learn. Since then he has learned to labor.

Hours which stretch endlessly . . . the 3 A.M. phone call from a terrified mother, her small daughter stricken in the middle of the night. And, before out of his home, the quietness of the night again shattered by the insistent

ringing of the phone . . . an old man, a patient at the hospital, nearing crisis.

During the predawn trip to home and hospital, the doctor reflects on the truism that pain does not await the dawn. The little girl moans and cries; the old man says: "Doctor, help me, I'm not yet ready to die."

On his way home in the steely quiet of the dawn — the little girl already sleeping peacefully and the old man reprieved — the doctor takes tired comfort in the thought that one of life's richest rewards is to be truly needed — and, when needed, to be there. And the words of the little girl's mother echo in his ears . . . "Oh, thank you, Doctor, thank you . . ."

It is well that all those associated with our hospital should let our thoughts dwell upon occasion on the men in white . . . the medical doctors whose indispensability to the hospital is obvious; whose unique partnership with nurses, administrators, pharmacists, technicians, service employees and all others who serve in a hospital, produces the highest standard of hospital care in history.

Let us, in fact, try to share the medical doctor's feeling as he sinks exhausted into sleep, with an image in his mind that is in part a vision of the little girl and the old man whom he has helped — and in part a recollection of that key phrase from the Hippocratic oath: "... Into whatsoever house I shall enter I will go for the benefit of the sick."

PATIENT

Patient care and courteous treatment of him are the reasons we're here. We serve the patient; he does not serve us. Anxiety, loneliness and fear are the worst enemies of our patients. Sympathetic, efficient care is our antidote—and our responsibility. To patients we bring miracles of modern healing; let us administer these miracles with grace and humility. In every hospital there is occasionally an irritable patient. Our response should be the soft answer and the understanding smile. Everyone associated with our hospital should offer constructive suggestions on how we can continue to improve our patient service. Never underestimate the power of a patient. By his comments he substantially affects our image in the community. There is no more rewarding task on earth than to serve God by serving well our sick and afflicted brothers.

(One in a series—#102—© 1964, Effective Communication Associates)

MEET OUR



Sister Keith Eickhoff, O.S.B., is the Director of the School of Nursing and has held this position since 1962. Sister is originally from Melrose, Minnesota, although her family moved to St. Martin early in her life so she spent most of her childhood there.

Sister Keith attended St. Benedict's High School in St. Joseph, Minnesota, and after graduation in 1943, entered the Novitiate of the Convent of St. Benedict. She then began a series of educational and nursing assignments. She graduated from our School of Nursing in 1947; returned to St. Benedict's to attend college for a year; and attended St. Louis University to receive her B.S. in Nursing Education. In 1950 she returned to St. Cloud Hospital as instructor in Surgical Nursing on 3 South for two years, and then Head Nurse on 3 North, Surgical for

a year. After two additional years as instructor in Surgical Nursing, Sister was appointed Director of Nursing Service in 1956. In 1958 she again returned to school -- this time to Marquette University in Milwaukee, Wisconsin, to earn her Masters in Nursing degree. She returned to St. Cloud Hospital as Assistant Director of the School of Nursing, and became Director in 1962.

Sister Keith is the fourth of a family of seven children. Two of her sisters are also Benedictines: Sister Hildebrand and Sister Mary Dominic. She enjoys doing embroidery work, going on picnics -- and attending student hootenays!

Although they are not really to be classed as a department of the hospital, the Auxilians play a very vital role within the hospital -- and their Director, Mrs. Harry (Ruth) Knevel deserves well-earned recognition.

Mrs. Knevel is a Dietitian by profession. A native of St. Joseph, Minnesota, she attended grade school in St. Joseph and both high school and college at St. Benedict's. After graduation from St. Benedict's College in 1941 she went on to Ohio State University for her dietetic internship.

Her professional experience includes seventeen years of clinical and administrative dietetics in several institutions ... the "happiest eight" being spent at St. Cloud State College. She has also taught at the College of St. Benedict on a part-time schedule. Mrs. Knevel prides herself on being a silver jubilarian next year -- with twenty-five years completed in association with the Benedictines in one capacity or another -- from first grade to her present position in our hospital!

In addition to her professional activities, Mrs. Knevel is a busy housewife and the mother of three boys and one daughter. Her husband, Harry, has been Purchasing Agent at St. Cloud Hospital since 1954.

Ruth's interests outside of Auxilian activities include politics, music, "gourmet cooking," reading, and a deep interest in young people.



DEPARTMENT HEADS

Miss Eileen Stafford, in charge of the Department of Anesthesia, graduated from our School of Nursing in 1944 and from our School of Anesthesia in 1960. Following graduation she remained on our staff and was appointed department head in 1964.

Miss Stafford is a native of St. Cloud and received all of her early education here. She attended the College of St. Benedict for a year before entering the School of Nursing. She is a member of a family of five and has two brothers and two sisters.

Her professional experience includes two years of service with the Army Nurse Corps, during which she was stationed in Colorado, Kansas and Missouri. For several years she was employed in the Veterans Administration in the V.A. Hospital in Minneapolis and St. Cloud. Prior to becoming an anesthetist she furthered her professional experience in staff nurse positions at St. Joseph's Hospital in Brainerd, Minnesota, and on 5 North, maternity at St. Cloud Hospital.

Miss Stafford's favorite past-time, when time permits, is sewing -- and in spring and summer she enjoys planting and raising flowers. Always eager to learn and to advance her knowledge in many and various areas, she is attending an evening class in Modern Mathematics and finds it most interesting.



Sister Leonarda Reinhart, O.S.B., Supervisor of Surgery, is a native of Minnesota and grew up in the northern part of the state -- "In God's country up among the lakes." She entered the Convent of St. Benedict in 1944 and came to St. Cloud Hospital as a nursing student in 1947.

After graduation from the School of Nursing in 1950 she spent two years assisting in the School of Nursing and then became Head Nurse at the Community Memorial Hospital in New Prague, Minnesota. In 1954 she returned to the College of St. Benedict and in the fall of that year enrolled at the University of Minnesota to receive her B.S. in Nursing Education in 1956.

Upon returning to St. Cloud Hospital Sister Leonarda was Head Nurse on 3 North, Surgical, before being appointed as Supervisor in Surgery in 1957. During several of her seven and a half years in the operating rooms she was also instructor of the nursing students.

Sister's interests are without number. They embrace every phase of hospital life, from activities in the Boiler Room (which she claims as favorites!) up to the hustling life on sixth floor -- with special emphasis on the plans for the future of the hospital, as she is a serious and interested member of the Development Committee. However, her interests are not restricted to hospital-oriented fields, and they include a love of classical music, poetry, art, nature, sewing, writing, architecture, driving and reading. She enjoys learning about anything -- and her life thus far has provided ample opportunities!



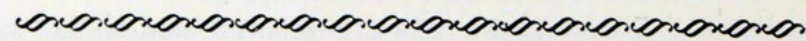


LIKE MOTHER, LIKE DAUGHTER

Mary Ann Knese, Senior Medical Record Clerk, started knitting when she was a freshman in high school because her "mother was always knitting something and I wanted to learn, too." Mrs. Knese was a good teacher and Mary Ann has become an expert who has taught many of her friends how to knit and purl. There are many informal sessions at the hospital during lunch hour and coffee break when her co-workers get their snarls and dropped stitches put back in order. Booties are the most popular project for beginners.

Mary Ann's first project was a sweater for her dog. She has knitted sweaters, scarves, mittens, slippers, socks, a stocking cap and many pairs of booties. She likes to knit everything except mittens. Besides adding to her own wardrobe, she makes gifts for her family and she has sold some booties.

According to Mary Ann, there are really only two stitches: knit and purl. It is what you DO with them that makes the difference! She likes to make things that have a challenging design and right now she is knitting a chocolate brown sweater with a double leaf pattern "that really demands concentration" because each pattern has twenty-four rows that are knitted differently. We will be waiting for Mary Ann to appear in her latest success!



NEWS ABOUT OLD FRIENDS.....



Remember Rose Yackley and Larry Bearson -- anesthesia students who met in our School of Anesthesia and who became Mr. and Mrs. Larry, now in the Air Force, has been stationed at the Grand Forks, North Dakota, Airforce Base. Rose has been doing double duty as housewife and anesthetist for two rural North Dakota hospitals.

On November 18, Mr. Bearson received a call to join a medical teaching team of two doctors, two nurses and a technologist to go to South Vietnam to teach in the Vietnamese hospitals. This opportunity has been offered through the State Department of Far Eastern Affairs, so he will be borrowed from the Air Force for the coming year. He will be working with the Agency for International Development (A.I.D.) Because this is with the State Department, the dependents accompany the team members. The Bearsons will leave in mid-January for Washington, D.C., for a three-week orientation program. Then they will fly to Saigon for a one-year tour of duty. Both Rose and Larry are looking forward to this new challenge -- and we wish them success and Godspeed!

FROM TWO OF OUR GRADUATES IN SOUTH AMERICA

"...Things are so different here...Latin Americans are so different from we Anglo-Saxons...they don't worry as much about organization and efficiency as we do...but they have a more personal touch in their relations with people..."

The school of nursing is loosely organized with all teachers and instructors being volunteers who are NOT salaried...students practice clinically in four different hospitals and/or clinics and without clinical instructors...(except for the three of us now, spread out in these hospitals but only able to cover one floor at a time)...student nurses are very young, 15-18 years...



Cecilia Blonigen and Ruth Boedigheimer with PAVLA in South America.

Since rules for Papal Volunteers gives a three weeks vacation yearly...we spent part of it in the United States and part seeing more of Mexico...Corpus Christi...Mexico City...attended classes in Summer School of Catholic Action enjoying classes on Grace, and especially the one on the New Constitutions on the Liturgy...ideas to try after vacation is over...spent five days living with a wonderful Mexican family in Mexico City...their oldest daughter, a good friend of ours, does much work in Catholic Action herself...helping the poor...helping Sisters with their Dispensary...teaching catechism...Her family, friendly, gracious, and kind...cannot understand her love for her work, or us and just what we are doing here...how we can be separated from our families and so far from home for so long...

Was fortunate in September to attend the National Convention of MEAC (Nurses' Movement of Catholic Action) with some nurses and four of our student nurses...learned so much...especially as I was the only American living among many Mexicans...helped in adapting...all conferences in Spanish, so that was a help, too...among nurses who truly were representative of the nursing profession of Mexico...outstanding women, professionally, and exemplary Christians as well...full of enthusiasms, dynamism, and imagination for the future...good experience for our students...who seem to be eager to do something too...want to share with their fellow students...and start an MEAC among themselves.

...will finish teaching students in November...then they have a vacation until February...very different from back home...and we will have more time to work in the Dispensary and help plan some talks, and give some...activities concerned with the apostolate of the liturgy...for instance, how we got interested, how prepared, and just what PAVLA is...Legion of Mary activities still keep me busy...There are always requests and necessities for extension of more parishes...and some of them are out in little pueblos which present always a transportation problem as there is no bus service to all of them...

We want to thank you for the Beacon Light...it is interesting...and we really appreciate receiving it...because part of us is still at St. Cloud Hospital."

Love,

(Exerpts from two, wonderful, long letters)

Cele (Blonigen)

COURTESY SPOTLIGHT



"Will you save a box 18 by 23 1/2 by 36 for me?" "Will you please burn these records right away?" "Mr. Gross, the ramp is full of snow again!" "Did you notice a pale pink envelope with an address in green ink?" "Can you. . .?" "Will you. . .?" No matter how apparently trivial or unnecessary or even silly the request, Mr. Reinhard Gross's quiet, helpful courtesy never fails. With a friendly smile, and a gently business-like reply he proceeds efficiently about his many varied and often patience-trying duties of helping to keep our big house clean, safe and sanitary for better health and happiness of all. In addition to disposing of the hundreds of boxes, cartons and cans and bottles

that must be taken care of, he will provide the requested box or article, nicely labeled and waiting to be picked up -- and it will be JUST what was ordered, too!

"Reinie," who claims Lastrup, Minnesota, as his birthplace, has resided in St. Cloud for the past fourteen years. He, with his wife and two young sons, are members of St. Augustine Parish in East St. Cloud. He joined our hospital family two years ago, and states, "I like the hospital, the people in it and my work very much -- particularly the fine spirit among those I work with."

Other special likes (he has no real dislikes!) include outdoor activities such as hunting, fishing and gardening with his two boys -- and of course there is also baseball -- AND the Yankees!

FINANCIAL AID AVAILABLE FOR NURSING STUDENTS

Recently Federal funds have become available in the form of loans for students attending schools of nursing. Money up to \$1,000 per year may be borrowed by students who are unable to provide the necessary funds to continue their education in nursing. These monies are made available through the Nurse Training Act passed in September, 1964.

The repayment period of the principal and interest on the loan begins one year after the borrower ceases to pursue a full-time course of study. The loan bears interest during the repayment period at the rate of three percent per year, or the going Federal rate at the time the loan is made. Repayments with interest are made in equal or graduated installments and may be extended over a ten-year period. Interest does not accrue nor, are payments due during any period in which the borrower is pursuing a full-time course of study in a collegiate school of nursing leading to a baccalaureate degree in nursing or an equivalent degree or to a graduate degree in nursing. The deferment of payment will not be included in determining the ten-year repayment period. The liability of the borrower to repay the balance of the loan will be cancelled in the event of death or total disability.

Some of the loan and interest may be cancelled if the borrower is employed full-time as a professional nurse in any public or non-profit institution or agency. The cancellation does not exceed the rate of ten percent of the amount of the loan for each year of employment, up to a minimum of fifty percent.

Prospective students for nursing interested in learning more about the Nursing Student Loan Program may contact the Director of the School of Nursing.

OUR FIRST NEW YEAR'S BABY : 1929

The first New Year's baby born in St. Cloud Hospital was JOHN O'CONNOR, who arrived at 1:00 A.M. on January 1, 1929.

To his proud parents, Mr. and Mrs. Maurice O'Connor, he was the first born of two sons. John, a native of Cold Spring, Minnesota, attended school there and graduated from Cold Spring High School. After this he went to Drake University in Des Moines, Iowa, where his family had moved. After receiving his degree in Business Administration he joined the staff of the International Harvester Company. At the present time he is in Springfield, Ohio, as Manager of the Supply and Inventory section of the company as part of his training in their educational program. John is married and has three children, two sons and a daughter.



His mother, Mrs. M. O'Connor, has returned to Cold Spring after living fifteen years in Des Moines. "To be close to my friends again," is her reason, as she has been a widow for eight years.

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HOSPITAL PLANNING CONTINUES



Plans for a prospective expansion of St. Cloud Hospital moved forward at a meeting held on Wednesday, January 20. Pictured here are: (seated left to right) Sister Rosalinda, Sister Leonarda, Sister Mildred Ann, Sister Jameen, Mother Richarda, (standing left to right) Mr. Gene Bakke and Dr. Harvey Sisk, all members of the Development Committee, with Mr. Albert Fisher, architect, and Mr. Frank Briggs, Consultant.

Although plans are still at a preliminary stage, architectural drawings are beginning to take a more definite shape as the site becomes determined and departmental needs are more clearly defined.

In the meantime, temporary changes are being made to help meet the needs until the anticipated addition is constructed. 1 North, vacated by the Sisters, is being prepared to serve as office space for Administration, Nursing Service, Personnel and other departments so that it will be possible to release six double bed rooms for patient occupation. Extremely high hospital occupancy in recent months will be somewhat relieved by the added beds, although needs will be far from adequately met.

The need for patient beds is only one of the many considerations that must be evaluated by the planning committee as they attempt to assess and provide for the requirements of the medical community of St. Cloud and the surrounding area served by the St. Cloud Hospital.

PART-TIMERS STEP UP HOSPITAL EFFICIENCY

To build a wall takes not only the mortar that binds it together, but stones of various shapes, colors and sizes to provide the base and to give it strength and beauty.

To build a service dedicated to the care of the human body requires PEOPLE, bound together with the common mortar of love for their fellow man.

Here at St. Cloud Hospital, there are many people who play an important role in caring for the sick -- there are the older and the younger, men and women, highly skilled and less skilled, professional and non-professional, full-time and PART-TIME.

Too often, perhaps, we think that success in restoring patients to health depends almost exclusively on those personnel who work a full 40-hour schedule. But just a little thought recalls the bare fact that it would be impossible to operate the hospital without the part-timer.

There are part-time personnel employed in every department of the hospital -- 191 of them in all. The nursing service department has the largest number (95) working in all patient areas, but as many more perform jobs that must be done in the business office, food service, housekeeping, laundry, operating room, x-ray, laboratory, and many other departments.

We sometimes think that part-time personnel work only the hours that are convenient for them. But we soon find that their hours on duty are scheduled to take care of peak loads of work and at times when their particular job can be done only at a certain time of the day. Most often that "certain time of the day" is in the evenings and at night-times when most full-time personnel are enjoying themselves with their families or sound asleep. And on holidays, for vacations, and in emergencies, the part-timer is usually that all im-

portant person who is called in to fill the gap.

So our hats are off to the part-time personnel, each and every one. Without them, fulfilling our goal of high quality care to patients at the lowest possible cost would be well nigh impossible -- they are like the stones that are necessary to build the wall.



Mrs. Elsie Waletzko
Medical Secretary
X-Ray



Margaret Theiler
Switchboard Operator



Mrs. Barbara Lahr
Medical Technologist
Laboratory



Marie Lahr
Housekeeping Aide
5 North



Mrs. Rita McNeal
Receptionist
School of Nursing



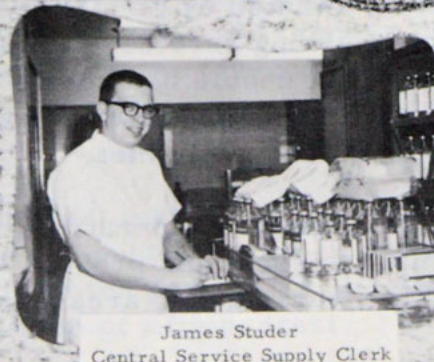
Mrs. Loretta Bruner
Staff Nurse - 5 North



Mrs. Marian Clark
Medical Secretary
Medical Records



Mrs. Lenora Hilsgen
RoseMary Urbanski
Dietary Aides



James Studer
Central Service Supply Clerk



Mrs. Myrtle Zanoth
Nurse Aide - 3 South



Lois Koopmeiners
Messenger
Administrative Office



James Benn
Pharmacist



Mrs. Agnes Schill
Housekeeping Aide
Physical Therapy



Joseph Meierhofer
Elevator Operator



Nora Shay
Business Office Clerk



Mrs. Anna Schmidt
Laundry Aide



Lawrence Stewart
Chief Orderly
Orthopedics

SOURCES OF HOSPITAL WORKERS.....



During the past year a total of 280 new employees were hired for the various departments of St. Cloud Hospital. Included in this total are a Dietitian, Pharmacist, Medical Technologists, Staff Nurses, Clerks and Secretaries, Nurse Aides, LPN's, Laundry and Dietary Workers, Orderlies and so on involving every department and virtually every category of job.

Locating and recruiting such a wide variety of workers involves the cooperation and assistance of a number of what we call "Sources of Workers." One of the major sources is the Minnesota State Employment Service. Mr. Fran Lynch, the office manager, and Mr. Leo Schneider, his assistant, have been especially helpful in serving some of our vital personnel needs, particularly in the clerical, nurse aide and food service areas. In addition to the referral of workers, they have also served our testing needs in administering typing, spelling and general aptitude tests to prospective applicants.

Since about 30% of our work force consists of part-time employees, we have a number of students, mainly from State College, Cathedral and Technical High School. Sister James, O.S.B., counselor from Cathedral High School, has given us considerable assistance, not only in referring students, but also selecting those who would best serve our needs. In addition to providing service, these students are exposed to work situations which help them choose their career after graduation.



In the professional and technical areas, our own schools of Nursing, Anesthesia, Medical Technology and X-Ray Technology are major suppliers. Since these students work so closely in the departments while in training, the transition to employee status usually requires little in the way of special orientation and training. Moreover, the Department Head has observed the student throughout the training period and has a good understanding of his or her abilities prior to employment.



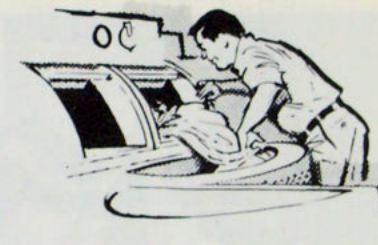
Schools of Nursing in Minneapolis and the Dakotas, particularly the Practical Nurse Programs, are important sources for professional and practical nurses. This is especially true of positions for practical nurses since our education programs do not include this group.

As one of the larger employing units in the community, St. Cloud Hospital accepts applications from hundreds of job seekers in the course of a year. In fact, many of our best employees are people who have made application on their own initiative, either in person or by mail. Our own application files are, therefore, one of our best sources of supply.



Whenever openings occur in the hospital, a notice is posted on the bulletin board listing the job titles which are vacant. Employees themselves may apply for these openings and are likewise encouraged to inform friends and relatives who may qualify.

An organization as complex as a hospital, requiring as it does so many different types of skill, training and ability, must always keep alert to potential sources of qualified personnel to attract and maintain an intelligent, competent and effective work force. For, in the final analysis, it is people we are offering to the patient -- people contributing their individual skills in a united effort in the service of the sick.

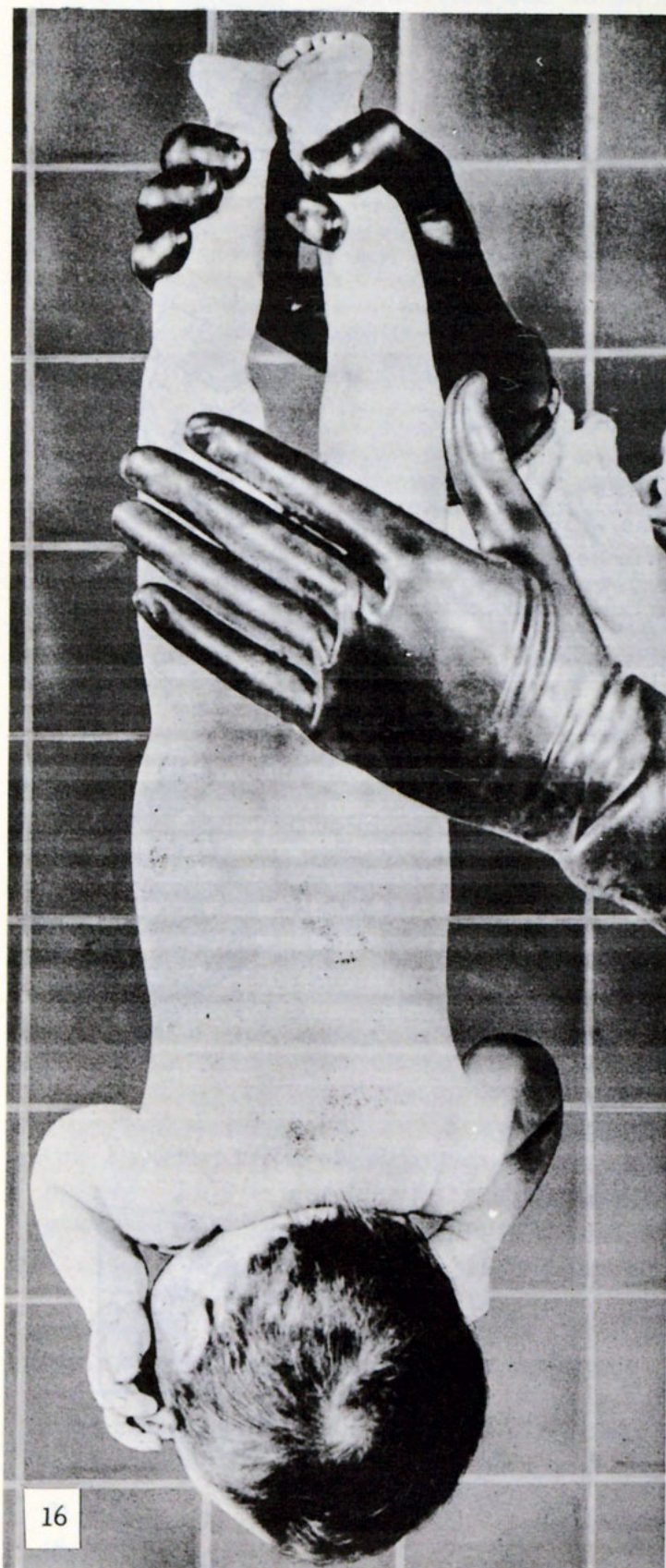


WHO ARE THESE PEOPLE?

Chaplains - 2
Sisters - 38
Clerical Workers - 78
Housekeeping Aides - 34
Dietary Aides - 46
Dietitians - 3
Orderlies - 19
Department Clerks - 8
Chefs - 2
Baker - 1
Laundry Personnel - 21
Engineering and Maintenance Crew - 30
Professional Nurses - 144
Practical Nurses - 48
X-Ray Technicians - 9
Medical Laboratory Technologists and Technicians - 17
Porters - 9
Nurse Aides - 97
Technical Aides - 21
Instructors - 7
Pharmacists - 2
House Mother - 2
Physical Therapist - 1



BETTER HOSPITAL CARE COSTS MORE - AND HELPS US LIVE LONGER LIVES. . . .



Each time the miracle of life occurs in our OB department these days—each time a new-born babe first fills his lungs with air and gives forth with the characteristic squall which announces his arrival in our world—a future president, doctor, nurse or other useful citizen is born.

And we can expect that such infants, on the average, will live to be a little more than 70 years old!

But that same infant's grandfather, if he was born as recently as 1900, had a life expectancy of only 49 years. And his great grandfather, born in 1850, had a life expectancy of only 41 years.

There's no doubt about the fact that people are living longer today — in large measure because of spectacular advances in standards of health, medical and hospital care.

Better hospital care, for example, has played a vital role in the steady decline of the maternity death rate. Maternity deaths are so rare today that the new mother is probably safer during the maternity period than she is driving to the corner supermarket. Thus, only three mothers now die from the effects of childbirth for every 10,000 babies born. But, as recently as 1930, there were 67 maternity deaths for every 10,000 babies born.

The infant mortality rate also reflects spectacular improvements—with today's newborn baby having nearly seven times more chance of becoming a year old than babies born at the turn of the century. In 1900, about 162 out of every 1,000 new babies died within one year. By 1930, the infant mortality rate had declined to about 64 per 1,000. Today, however, about 975 out of every 1,000 newborn babies survive the first year of their lives.

Everyone likes to see or cuddle the package of joy which is an infant not yet a year old. The next time you have this pleasant experience, remind yourself that here is living evidence of what cold statistics fail to convey. . . .

For there are alive today, in the United States alone, more than 160,000 babies less than 12 months old who would not have survived if the infant mortality rates of only about 30 years ago were still in effect!

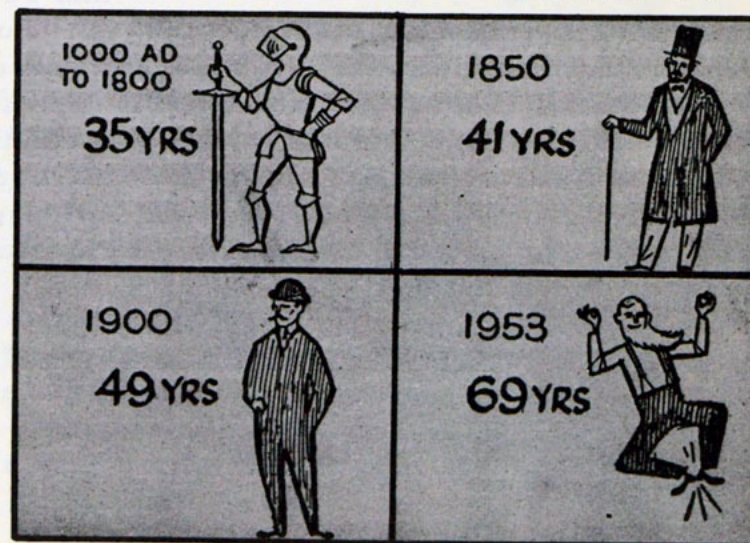
It is not hard to identify some of the reasons for these great advances in life expectancy. Medical and health people have better—and more expensive—training. There are more life-giving—and expensive—medicines and treatments. There is much modern—and expensive—hospital equipment which helps save lives.

Yes, better hospital care—like better medical attention and generally-higher health standards — costs more; but it gives us longer life.

* * * * *

*Of Course It Costs More To Provide the
Highest Standard of Hospital Care in History.*

(One in a series—#104—© 1964. Effective Communication Associates)



THIRTY-SEVEN SUPERVISORS TAKE MANAGEMENT COURSE



A group of thirty-seven hospital supervisors from St. Cloud and eight other hospitals in the area are attending classes in the school of nursing building on "Management Theory and Practice." The course is being offered for college credit by the Department of Business Administration, School of Business and Industry of St. Cloud State College. Classes began January 6 and will continue every

Wednesday evening from 6:00 to 9:20 p.m. through March 17.

Discussion regarding the course began last November between State College and St. Cloud Hospital with the intention of offering the course only to our own hospital supervisors. However, it was decided to invite other hospitals in the area to enroll. Because the interest was so great, the group had to be divided into two classes. The second class, with twenty-eight already signed up, will begin Wednesday evening sessions on March 31 and extend through June 9. The course is being taught by Edward S. Esbeck and Cyril P. Morgan of the St. Cloud State College faculty.

Besides twenty supervisors from St. Cloud Hospital, the present class includes seventeen other hospital supervisors from Melrose, Willmar, Perham, Sauk Centre, Paynesville, Little Falls, Onamia, and St. Cloud Veterans' Hospital.

+++++

FIRST ANNUAL CREDIT UNION MEETING SCHEDULED

At the January meeting of the Board of Directors of the St. Cloud Hospital Credit Union, Monday, February 22, 1965, was set as the date for the first annual meeting. It will be held at 8:00 p.m. in the main dining room of the hospital.

The purpose of this meeting is to make a complete report of the last year's activities to the members of the credit union by the officers of the Board of Directors and the committee chairmen, and any other business the membership thinks necessary.

There will be nomination and election for one member on the Board of Directors whose term expires this year, one member for the Supervisory Committee, and one for the Credit Committee.

The speaker for this annual meeting will be Mr. Edward M. Benysek, Assistant Manager, Director of Organization, Minnesota League of Credit Unions, Saint Paul.

Any employee of St. Cloud Hospital who is interested in learning about his own organization -- The St. Cloud Hospital Employees Credit Union -- is cordially invited to attend the meeting; however, only bona fide members may vote. Refreshments will be served after the meeting.

The little old lady walked into a Veterans Administration Hospital. Her purpose was to talk to the Director about the progress of her son, a long-term patient and veteran of World War II. Upon confrontation with the Director's secretary, she was informed in no uncertain terms that, "The General does not receive or talk with relatives of patients." The next morning one of the leading metropolitan papers revealed a blistering attack on the V.A. Hospitals with specific condemnation of Army Generals, particularly those in administrative positions. It seems that the little old lady had TWO sons: one a patient in a California V.A. Hospital; the other the owner and editor of a San Francisco newspaper!

This story was used by Mr. Arthur Selikoff, Information Service Representative from the V.A. area office, to illustrate a point made during his talk to members of the staff of St. Cloud Veterans Hospital and invited guests from St. Cloud Hospital. He spoke in relation to all of those engaged in hospital work, for the public forms its opinion of a hospital on the basis of contact with one or perhaps two individuals, usually a clerk, receptionist or an aide. Through the efforts of the Public Relations specialist the hospital's story is brought to the attention of the community, but it is the day-to-day contact which each employee has with patients, relatives and friends that will determine the acceptance of the hospital and its role in the community.

Once again, our appreciation is extended to the St. Cloud Veterans Hospital, and especially to Mr. Walt Jones, Personnel Director at the V.A., for inviting members of our hospital staff to attend this fourth session of the Management Therapeutics Program for 1964 and 1965.



CHRISTMAS IS A TIME OF GIVING

The personnel of the X-Ray Department experienced the joy of giving in seeing the happiness and delight of a large family of small children as they received gaily wrapped gifts and food. It has become a tradition for the department to "adopt" a needy family for Christmas, and the entire department participates. Some "find" the family; others visit the home to see what is most needed and to list the ages and sizes of the family members; some do the shopping and Christmas tree hunting; and others arrange for transportation of the gifts on the appointed day. All during Advent everyone is busy bringing clothes, toys, books, games, etc., to the "workshop." Often clothing is remodelled as necessary. Contributions of wrapping paper and ribbon pour in -- and finally there are individually wrapped packages for everyone in the family. Last minute preparations include gathering the food. Anyone witnessing this project will agree that for all concerned it is an excellent means of preparing for and sharing the real spirit of Christmas!



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NIGHT LIGHTS



Mrs. Elaine Johnson, L.P.N., has worked nights in the Intensive Care Unit since November, 1962. A native of St. Cloud, she is the oldest in a family of three girls and two boys. She attended grade school in Sartell and high school at Technical High School in St. Cloud.

After completing high school Mrs. Johnson began the diploma program in nursing at Swedish Hospital in Minneapolis, but did not complete the program. She later took the State Board Examination to become an L.P.N., and worked at St. Mary's Hospital and St. Barnabas Hospital in Minneapolis.

In March Mrs. Johnson will leave for Morocco with her two daughters, Julie, three, and Kelley, two, where she and her husband plan to spend six years.

After that time they hope to return to St. Cloud.

In her non-hospital hours Mrs. Johnson enjoys her two little girls, cooking and collecting and trying recipes.



LAUNCHING CEREMONY COMPLETES HOUSEKEEPING VENTURE



As a result of recommendations made during our work measurement survey in the Housekeeping Department, carts, suitable for both daily cleaning and making up of patient units, were requested. A satisfactory cart was not available on the market, so heads went together to plan one. A trial cart was produced with the special assistance of Reinie Gohl and Donnie Kellner, and with the aide of the entire maintenance crew.

A trial cart was tested by personnel on a patient unit and additional

improvements were recommended. The final results met with the approval of all.

At an in-service meeting for the housekeeping personnel Sister Jameen, Administrator, suggested that a christening ceremony would be in order, with launching of the new carts into use just before Christmas. Karen Hoffman and Donnie Kellner "did the honors" while the housekeeping personnel stood approvingly by during the christening party. With their new equipment now in use, the Housekeeping Department joins in a hearty thanks to Sister Jameen and to all who contributed toward the production of the carts.



SCHOOL OF NURSING GETS A FACE LIFTING

A growing institution progressing to meet the needs of the times is in constant need of adaptation and renovation. In the thirty-seven years of its existence the St. Cloud Hospital has lent itself well to changing needs. An adjacent building, the School of Nursing, has likewise been affected by changes in nursing education and growth of the student body and faculty.

The first floor and the basement of the school have been remodelled during the past few weeks. The Chemistry Laboratory located on first floor has been divided into four new faculty offices and the Laboratory has been transferred down to the former Diet Laboratory in the basement. Since teaching the dietary needs of the patients has been integrated to a great extent into Medical Surgical Nursing, and the knowledge of food preparation has been changed by modern methods, there is no longer a need for a Diet Laboratory for the nursing students.

The former Nursing Arts Laboratory is now known as Classroom C, and the change of function for this room has made it possible to have it subdivided by a collapsible wall so that the front section of the room now serves as a lovely kitchenette for faculty and guests. Since both portions of the room have separate doors, it is often used as two separate rooms. Good planning and competent workmen have made it possible for this building, constructed in 1946 and added to in 1952, to continue to furnish the facilities required in our ever-changing times.



in our hospital. A junior in Tech High School, Gail is the daughter of Mr. and Mrs. Herman Sova of St. Cloud.

WHY I LIKE MY JOB (Continuation of a series.)

When one hears a young teen-ager say, "I love my job because I love to help people," we know that the world is still a wonderful place. This is what I was told when I put this question to seventeen-year-old Gail Sova, one of our wonderful Candy Strippers.

Although Gail's interests are diversified, (she is first violinist in the Tech High School band, sings in the Tech High School chorus, plays the organ and piano and teaches Sunday School in her Church), she plans to make nursing her career. With this in mind, she offers her services as a Volunteer



petes in the Commercial League. Members are, left to right: Leo Pohl, Duane Beckstrom, Claude Przybilla, Aloys Blommer, Ervin Smith and Thomas Nahan.

It is hoped that next year more hospital employees will be interested and additional teams can be formed.

New Employees, WELCOME!

Miss Sheryl Dumont	Nurse Aide	4 South
Mrs. Clara Hall	Nurse Aide	4 South
Marilyn Tax, R.N.	Evening Supervisor	Nursing Service
James Benn	Pharmacist	Pharmacy
William Rademacher	Supply Clerk	Central Service
Mary Kappes	Department Aide	Food Service
Janna Lee Jones	Housekeeping Aide	5th Floor
Rebecca Hutchins	Cashier	Food Service, Cafeteria
Mary McGowan	Tray Aide	Food Service
Ann Kirchner	Tray Aide	Food Service

NEW ARRIVALS.....



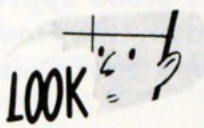
- Mrs. LeRoy Menke (Rosemary Maehren) Adopted Son
- Mrs. Gerald Muntifering (Catherine Wollmering)
- Mrs. Norman Robak (Darlene Van Keulen)
- Mrs. Robert Ferrari (Eileen McCormick)
- Mrs. Ervin Nierenhausen (Ethel Zierden)
- Mrs. Jerome Skillingstad (Janet Kirscht)
- Mrs. Richard Stawarski (Irene Schmidt)
- Mrs. Richard Haeg (Eileen Leidenfrost)
- Mrs. Richard Mueller (Alice Gregory)
- Mrs. Dale Eberhardt (Grace Wlatrak)
- Mrs. Herbert Hoppe (Valeria Kolb)
- Mrs. Richard Schaefer (Rita Neeb)
- Mrs. Robert Popp (Bonita Brenny)
- Dr. and Mrs. F. T. Brown

A SPECIAL WORD OF CONGRATULATIONS.....

to Mrs. Dorothea Lindstrom, R.N., on her promotion from staff nurse to Assistant Head Nurse on 2 North, Medical!

STRIKE!
We hope this is what each one of the members of our bowling team can mark up every time they roll the ball. They modestly tell us that such is not always the case, but they are trying every Friday night at the Granite Bowl.

The team is the first to be sponsored by the hospital and com-



AUXILIAN



Mrs. Timmers with Roberta Lawver, Bonnie Voight, Patricia Klein and a youthful patient in Pediatrics

Timmers finds time to serve as the co-ordinator of the Junior Volunteers. This is no small task, as she not only trains them in the duties of a hospital volunteer, but meets with them at their business meetings, and even entertains them during the Holiday Season!

Those of us who have teen-age daughters know that a lot of "give and take" goes into the process of keeping their lives at an "even keel," and this is what Rosalie does with "her" girls.

In private life Mrs. Timmers is a wife, mother and grandmother. She has a married daughter who is also a nurse, a daughter who teaches school, a son who is in college and three small grandchildren.

With all of these duties, plus keeping house for her husband, Loren, who is Chief Engineer at the State Reformatory, Mrs. Timmers even finds time to collect and refinish antiques.

May we salute a truly wonderful woman -- a "Woman of Valor!"

We know that Mrs. Timmers would not be happy unless we gave mention to the other members of her new Candy Striper Class. In addition to the three pictured above, they are: Kathleen Przybilla, Marsha St. Onge, Karen Melich, Sharon Cichy, Sandy Luckemeyer, Barbara Nelson, Deanne Tripp, Joann Worm, Sally Hofmeister, Gayle Seydel, Sue Boethin, Bonnie Matchmes, Joyce Bronder, Sue Sowada, Sandie English, and Diana Murphy.

Have you ever thought that you could improve upon the Mother Goose Nursery Rhymes? That is exactly what I am going to do today.

"There is a nice lady who lives in our town. She has so many children -- but she knows just what to do."

The lady about whom I am writing is none other than Mrs. Loren (Rosalie) Timmers. The children are the ninety-seven Candy Stripers whom she has trained to work in our hospital as Junior Volunteers.

Although a Registered Nurse (St. Cloud Hospital School of Nursing, Class of '31) and working full-time with the St. Cloud Department of Health as City Nurse, Mrs.

SAFETY SAMMY OBSERVES

I. Congratulations!!!! to ALL areas and departments for the best, most original, interesting, and SAFE Christmas decorations! It was encouraging to the Safety Committee to have your whole hearted and enthusiastic support. Thanks!!!

II. NEW YEAR USHERS IN THE URGE TO DO SOMETHING!!!!

Safety Sammy, too, went prowling...and here are a few "Safety-DO-Suggestions" gleaned from his observations. Let's ALL DO something about them...if we are not now.

DO -- take all warning signs seriously!!! (They mean what they say.)



DO -- open the swing doors toward self!!! (and handle gently and slowly.)

DO -- be observant, and pick up or wipe up, please!!! (even if you weren't the culprit.)



DO -- report faulty equipment at once!!! (and be specific in identifying it.)

DO -- know where your fire extinguishers are!!! (and how to use them.)

1. Offer Suggestions
2. Report Unsafe Conditions

DO -- request, and use accident and fire reports!!! (Fill them out AT ONCE.)

DO -- resolve to actively support the Safety Program!!!!

(Did YOU attend the Safety Movie Wednesday???)

SAFETY

...all the time

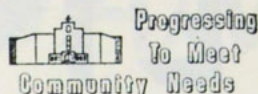
EVERYWHERE



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HELP YOU -

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Your Guiding Light To Health

The BEACON LIGHT is the monthly publication for the
personnel, alumnae and friends of the
St. Cloud Hospital, St. Cloud, Minnesota

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